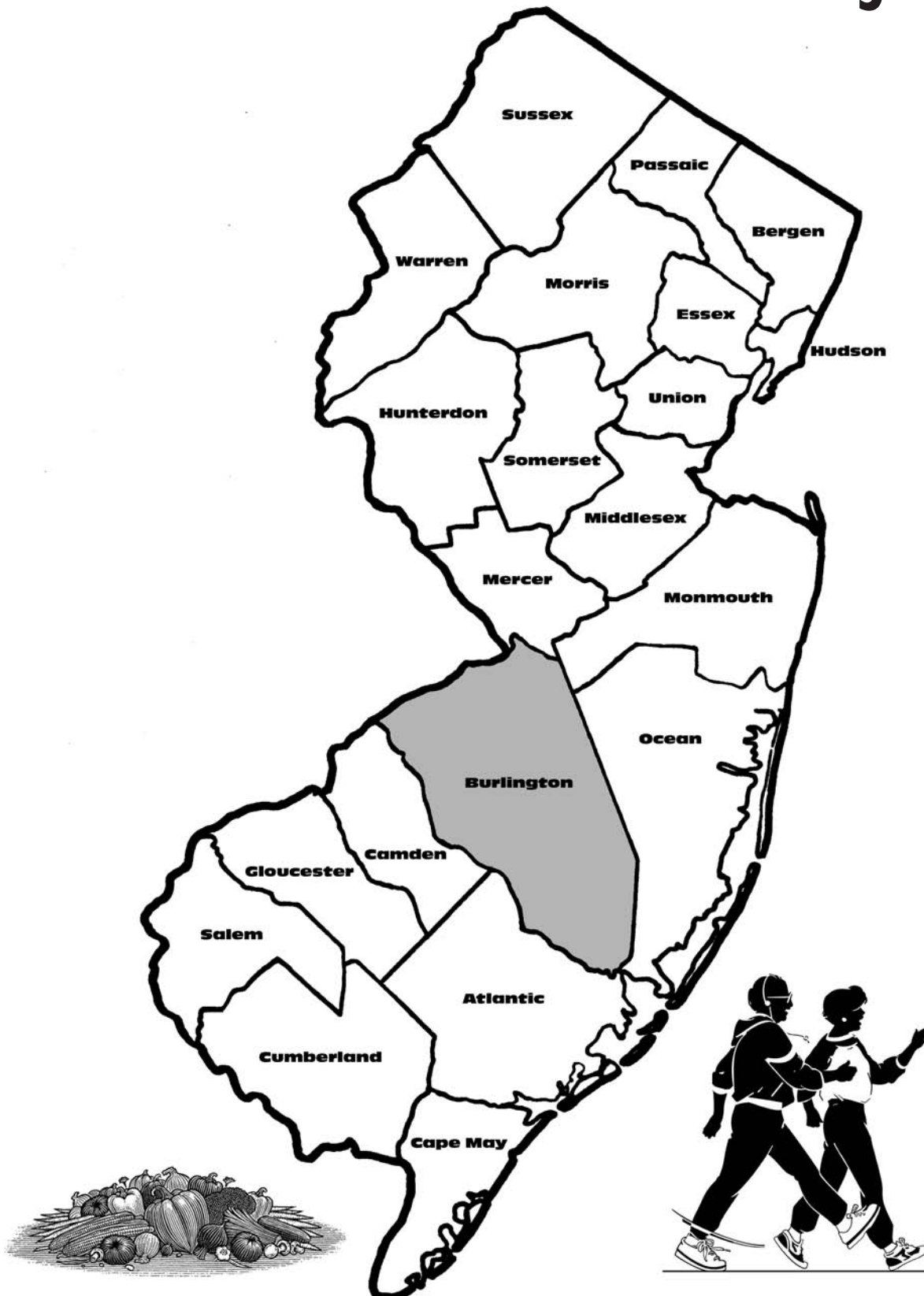










## **Burlington County**









# BURLINGTON COUNTY Nutrition Programs



<b>Agency/Institution:</b>	<b>Rutgers Cooperative Extension</b>
<b>Address:</b>	<b>2 Academy Drive, Westampton, NJ 08060</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5051</b>
<b>Website:</b>	<b>www.rce.rutgers.edu</b>
<b>Focus:</b>	<b>To increase participant's ability to make more healthful food choices</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>All ages</b>
<b>Funded by:</b>	<b>Own funding</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>

<b>Program Name:</b>	<b>Lectures and Demonstrations</b>
<b>Agency/Institution:</b>	<b>Burlington County Health Department</b>
<b>Address:</b>	<b>15 Pioneer Blvd, Westampton, NJ 08060</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5548</b>
<b>Website:</b>	<b>www.co.burlington.nj.us/departments/health</b>
<b>Focus:</b>	<b>Promote a healthy lifestyle</b>
<b>Services:</b>	  
<b>Population served:</b>	<b>Adults, seniors</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

**Key:**  Education Materials    Workshops/Classes    Program Evaluation    Counseling  
 Equipment or Facilities for Fitness    Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)





# BURLINGTON COUNTY Nutrition Programs

<b>Program Name:</b>	<b>Outpatient Diabetes &amp; Nutrition Services</b>
<b>Agency/Institution:</b>	<b>Virtua Health</b>
<b>Address:</b>	<b>895 Rancocas Road, Suite 3, Mt. Holly, NJ 08088</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>888-847-8823</b>
<b>Website:</b>	<b>www.virtua.org</b>
<b>Focus:</b>	<b>To optimize health and reduce risk factors for diseases such as diabetes, heart disease, hypertension, and stroke</b>
<b>Services:</b>	   
<b>Population served:</b>	<b>All ages, persons with diabetes</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>

<b>Agency/Institution:</b>	<b>Township of Evesham Senior Citizen Programs</b>
<b>Address:</b>	<b>535 East Main Street, Marlton, NJ 08053</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>856-985-9792</b>
<b>Focus:</b>	<b>Varies by lecture</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>Ages 55+</b>
<b>Fees &amp; Charges:</b>	<b>None</b>



**Key:**  Education Materials  Workshops/Classes  Program Evaluation  Counseling  
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)



# BURLINGTON COUNTY Nutrition Programs

<b>Program Name:</b>	<b>Senior Nutrition Programs</b>
<b>Agency/Institution:</b>	<b>Burlington County Office on Aging</b>
<b>Address:</b>	<b>PO Box 6000, Mt Holly, NJ 08060-6000</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5069</b>
<b>Focus:</b>	<b>Provide one nutritious meal daily along with socialization</b>
<b>Services:</b>	   
<b>Population served:</b>	<b>Ages 60+</b>
<b>Funded by:</b>	<b>State and federal</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

**Key:**  Education Materials  Workshops/Classes  Program Evaluation  Counseling  
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)






# BURLINGTON COUNTY Physical Activity Programs




<b>Agency/Institution:</b>	<b>Rutgers Cooperative Extension</b>
<b>Address:</b>	<b>2 Academy Drive, Westampton, NJ 08060</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5051</b>
<b>Website:</b>	<b>www.rce.rutgers.edu</b>
<b>Focus:</b>	<b>To promote physical activity as a means for enhancing health and encouraging healthful lifestyle behaviors</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>Adults, seniors, families</b>
<b>Funded by:</b>	<b>Own funding</b>
<b>Fees &amp; Charges:</b>	<b>Yes</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

<b>Program Name:</b>	<b>Lectures and Information</b>
<b>Agency/Institution:</b>	<b>Burlington County Health Department</b>
<b>Address:</b>	<b>15 Pioneer Blvd, Westampton, NJ 08060</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5548</b>
<b>Website:</b>	<b>www.co.burlington.nj.us/departments/health</b>
<b>Focus:</b>	<b>Lectures to promote healthy living</b>
<b>Services:</b>	 
<b>Population served:</b>	<b>Adults, seniors</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Program provides information for cancer patients/survivors</b>

**Key:**  Education Materials    Workshops/Classes    Program Evaluation    Counseling  
 Equipment or Facilities for Fitness    Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

# BURLINGTON COUNTY Physical Activity Programs

<b>Program Name:</b>	<b>Senior Physical Fitness Program</b>
<b>Agency/Institution:</b>	<b>Burlington County Office on Aging</b>
<b>Address:</b>	<b>PO Box 6000, Mt Holly, NJ 08060-6000</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>609-265-5069</b>
<b>Focus:</b>	<b>Promote an active lifestyle</b>
<b>Services:</b>	    
<b>Population served:</b>	<b>Ages 60+</b>
<b>Funded by:</b>	<b>State and federal</b>
<b>Fees &amp; Charges:</b>	<b>None</b>
<b>Other information:</b>	<b>Optional lunch program provided</b>

<b>Agency/Institution:</b>	<b>Township of Evesham Senior Citizen Programs</b>
<b>Address:</b>	<b>535 East Main Street, Marlton, NJ 08053</b>
<b>County:</b>	<b>Burlington</b>
<b>Phone:</b>	<b>856-985-9792</b>
<b>Focus:</b>	<b>Increase physical and social activities, and provide entertainment and education programs</b>
<b>Services:</b>	  
<b>Population served:</b>	<b>Ages 55+</b>
<b>Fees &amp; Charges:</b>	<b>Minimum charge</b>

**Key:**  Education Materials  Workshops/Classes  Program Evaluation  Counseling  
 Equipment or Facilities for Fitness  Healthy Choices in Cafeteria/Vending Machine  
 Fruits and Veggies-More Matters® (new campaign replacing 5 A Day Program)

